

DEPARTMENT OF CONSUMER AFFAIRS • CALIFORNIA STATE ATHLETIC COMMISSION 2005 Evergreen St., Suite 2010, Sacramento, CA 95815
P (916) 263-2195 | TTY (800) 326-2297 | www.dca.ca.gov/csac



# **Fighter Application Requirements**

The following is a list of all required medicals and applications fighters will need to submit for licensing prior to their fight.

All required forms can be found on our website www.dca.ca.gov/csac.

You must submit the actual application form before or with your medical documents and other licensing materials. Medical documents will not be accepted without an application form on file in the office.

### **Applications**

- **1. LICENSE APPLICATION FORM** Complete and sign. The Social Security Number (SSN) or Individual Tax Identification Number (ITIN) is <u>mandatory</u> (if applicable). It is a violation of federal law to use another person's SSN.
- **2. LICENSE APPLICATION PROCESSING FEE** \$60.00 personal check, cashier's check or money order.
- **3. PHOTOGRAPH** Two recent passport sized photographs (2"x 2"). A color electronic file (ex. jpeg) that is emailed to CSAC@dca.ca.gov is preferred.
- **4. BOXER'S PENSION PLAN ENROLLMENT FORM (Included in the Boxer's application)** Enrollment in the Boxer's Pension Plan is voluntary and there is no fee; however, you must complete the enrollment form with beneficiary information in order to be entered into the program so that your rounds are calculated for eventual payment of retirement benefits. Unless your beneficiary information or your contact information has changed you need not complete these documents again if you have already done so. Please ensure that all beneficiary information is kept up to date with the Commission until all benefits have been disbursed.

#### 5. IDENTIFICATION CARD APPLICATION

• Boxers: Federal Identification Card - The Federal Boxing Act of 1997 requires every professional boxer to obtain a Federal ID card from his or her state of residence. If the boxer resides in a state or country where there is no boxing commission, the boxer must register in a state with a boxing commission. The Federal ID is valid for 4 years. Please see the Boxer Federal ID Card application Instructions for more information. Boxers must possess a Federal ID card, a valid government issued ID, and a valid license for Professional Athlete at the time of the weigh-in or they will not be allowed to compete.



DEPARTMENT OF CONSUMER AFFAIRS • CALIFORNIA STATE ATHLETIC COMMISSION 2005 Evergreen St., Suite 2010, Sacramento, CA 95815
P (916) 263-2195 | TTY (800) 326-2297 | www.dca.ca.gov/csac



- MMA Fighters: National Identification (ID) Card Professional MMA athletes are required to obtain a National ID card. Please see the application for MMA National ID Card for more information. The National MMA ID Card is valid for <u>5 years</u>. The athlete must possess a National ID card, a valid government issued ID, and a valid license for Professional Athlete at the time of the weigh-in or they will not be allowed to compete.
- **6. IDENTIFICATION CARD APPLICATION PROCESSING FEE** \$20.00 personal check, cashier's check or money order.
- **7. PRO DEBUT PARTICIPATION INFORMATION FORM –** Any fighter that will be making their professional debut will need to submit all the above <u>PLUS</u> a Pro-Debut Participant Information form. The form <u>MUST</u> be completed by a CA licensed professional trainer. A list of licensed trainers can be found on our website www.dca.ca.gov/csac/forms pubs/publications/protrainer.pdf.

#### **Medicals**

The following are the required medicals for licensure. All medical exams are valid for the periods of time listed below; however, the Commission reserves the right to require you to undergo any additional medical testing to satisfy their understanding of your suitability to compete if you suffer an untoward pertinent medical event or suffer physical damage or injury through your career.

- **8. PHYSICAL EXAMINATION** Must be completed by a licensed MD or DO on the California State Athletic Commission form and is valid for **1 year**.
- **9. EYE EXAMINATION** Must be performed by a licensed <u>ophthalmologist</u> and is valid for **1 year**. The examination may be performed out of state but it must be documented on a form approved by the Athletic Commission and completed and signed by an ophthalmologist.
- **10. NEUROLOGICAL EXAMINATION** Must be performed and completed by a licensed physician that specializes in neurology or neurosurgery. This examination is valid for **1 year**.
- **11. MRI (Brain Imaging Scan)** Must be performed by an approved medical practitioner. This scan is valid for **3 years**. At a minimum, the MRI scan is to be performed on a 1.5 Tesla MR Machine with capabilities including fast spin echo and FLAIR imaging. Image sequences should include axial T1, T2, and FLAIR images; coronal images should be performed as a T2 coronal; and a single sagittal T1 sequence. Please take this MRI report to an MD or DO that specializes in neurology or



DEPARTMENT OF CONSUMER AFFAIRS • CALIFORNIA STATE ATHLETIC COMMISSION 2005 Evergreen St., Suite 2010, Sacramento, CA 95815
P (916) 263-2195 | TTY (800) 326-2297 | www.dca.ca.gov/csac



neurosurgery and have them complete the **MRI Review Summary form**. Please forward both the report and summary form to the Athletic Commission.

- **12. EKG (Electrocardiogram)** Must be performed by a licensed physician. This test is considered a "baseline" medical test and is not required to be performed again unless you suffer an untoward pertinent medical event or suffer physical damage or injury through your career. Please have the physician who conducted your physical examination review this report and complete the **Cardiovascular History form**. Please forward both the report and form to the Athletic Commission.
- **13. BLOOD TEST RESULTS** HIV antibody, Hepatitis B Surface Antigen (HBV), and Hepatitis C Antibody (HCV) lab results must be submitted with an application on the letterhead of the laboratory that administered the tests. The laboratory must be certified by the Federal Clinical Laboratory Improvement Act (CLIA). The blood tests must be taken within 30 days of the date of application. Blood test results are valid for **180 days (6 months).**

## **Medicals for Fighters over 40 Years Old**

Individuals 40 years of age and older must also submit the following tests in addition to all other routine pre-fight medical testing required by the Commission prior to being granted a license to participate in combat sports:

**ONE-TIME INITIAL TESTING** required once the fighter turns 40 years old:

Magnetic Resonance Angiogram (MRA) of the Brain

**ANNUAL TESTING** of the individual 40 years of age and older includes the following (medicals completed within 12 months of the date of the upcoming scheduled bout are acceptable, but must have been completed after the fighter has turned 40):

- Exercise Cardio Stress Test A combination of an echocardiogram in addition to another form of cardiac stress testing may be acceptable. Tests should provide both myocardial perfusion and an echocardiographic structural assessment.
- **Formal Neurocognitive Testing** Test should note any deterioration from the baseline (first) assessment.
- Complete Blood Count (CBC) and Complete Metabolic Panel (CMET or CMP) Lab Tests – The metabolic panel should include hepatic tests, blood urea nitrogen, creatinine, and glucose.



# BUSINESS, CONSUMER SERVICES AND HOUSING AGENCY • GAVIN NEWSOM, GOVERNOR DEPARTMENT OF CONSUMER AFFAIRS • CALIFORNIA STATE ATHLETIC COMMISSION 2005 Evergreen St., Suite 2010, Sacramento, CA 95815 P (916) 263-2195 | TTY (800) 326-2297 | www.dca.ca.gov/csac



The completed license application, ID application, and fee payments can be submitted to our office located at:

California State Athletic Commission 2005 Evergreen St. Suite 2010 Sacramento, CA 95815

Medicals can be mailed in with the application, faxed to **(916) 263-2197**, or emailed to **csac@dca.ca.gov.** 

\*\*\*NOTE: If you are fighting on an upcoming card (within 30 days), please send all documents to the promoter/matchmaker of the event or to the Commission analyst working on that event\*\*\*