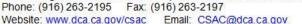


#### CALIFORNIA STATE ATHLETIC COMMISSION

2005 Evergreen Street, Suite 2010 | Sacramento, California 95815 Phone: (916) 263-2195 Fax: (916) 263-2197





# ATHLETIC INSPECTOR & RINGSIDE PHYSICIAN TRAINING

Sunday, April 26, 2015 1:30 p.m. – 5:30 p.m.

### BIG JOHN MCCARTHY'S ULTIMATE TRAINING ACADEMY

25385 Rye Canyon Road Valencia, California 91355

### **AGENDA**

- Opening Statements (Andy Foster)
- Drug Testing Procedures (Andy Foster) 2.
  - a. Single Specimen Collection
  - b. Split Specimen Collection
- Courtesy and Professionalism with Other Inspectors, Assigned fight teams, Media, and Using Emotional Intelligence (Andy Foster)
- 4. Referee and Ringside Physician Relationship (Dr. Wallace/Jack Reiss)
- Procedure For When The Ringside Physician May Check A Cut Or Other Non Emergency Situation On A Fighter? (Andy Foster/Dr. Wallace/Jack Reiss)
- 6. Placement Inside The Ring Or Cage (Andy Foster)
- 7. Review Of Banned Substances In The Corner (Andy Foster/Dr. Wallace/Jack Reiss/Dave Rasmussen)
- 8. Recognition Of Neurological Injury In Fighters (Dr. Wallace)
- Grading Of Officials (Andy Foster) 9.
- 10. The Dangers Of Weight Cutting And How To Identify Dehydrated Athletes (Dr. Wallace/Andy Foster)
  - a. Passing Out Of Dehydration Flyers Created By The Association Of Ringside **Physicians**
  - b. Use Of Specific Gravity Strips To Identify Dehydration



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## **AGENDA (Continued)**

- 11. Communication with the ringside physicians and referees (Dr. Wallace/Andy Foster)
- **12.** Evacuation Plan Training (Dr. Wallace/David Rasmussen)
  - a. Walkthrough
  - b. Mock Evacuation Plan
- **13.** Insurance Documents Review and Distribution (David Rasmussen)
- 14. Box Office Exercise (Andy Foster)
- 15. Divide into work groups to review the laws and rules of the Commission