



# ATHLETIC INSPECTOR & RINGSIDE PHYSICIAN TRAINING

Sunday, April 26, 2015  
1:30 p.m. – 5:30 p.m.

**BIG JOHN MCCARTHY'S ULTIMATE TRAINING ACADEMY**  
*25385 Rye Canyon Road*  
*Valencia, California 91355*

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## AGENDA

1. Opening Statements (Andy Foster)
2. Drug Testing Procedures (Andy Foster)
  - a. Single Specimen Collection
  - b. Split Specimen Collection
3. Courtesy and Professionalism with Other Inspectors, Assigned fight teams, Media, and Using Emotional Intelligence (Andy Foster)
4. Referee and Ringside Physician Relationship (Dr. Wallace/Jack Reiss)
5. Procedure For When The Ringside Physician May Check A Cut Or Other Non Emergency Situation On A Fighter? (Andy Foster/Dr. Wallace/Jack Reiss)
6. Placement Inside The Ring Or Cage (Andy Foster)
7. Review Of Banned Substances In The Corner (Andy Foster/Dr. Wallace/Jack Reiss/Dave Rasmussen)
8. Recognition Of Neurological Injury In Fighters (Dr. Wallace)
9. Grading Of Officials (Andy Foster)
10. The Dangers Of Weight Cutting And How To Identify Dehydrated Athletes (Dr. Wallace/Andy Foster)
  - a. Passing Out Of Dehydration Flyers Created By The Association Of Ringside Physicians
  - b. Use Of Specific Gravity Strips To Identify Dehydration



## **AGENDA (Continued)**

11. Communication with the ringside physicians and referees (Dr. Wallace/Andy Foster)
12. Evacuation Plan Training (Dr. Wallace/David Rasmussen)
  - a. Walkthrough
  - b. Mock Evacuation Plan
13. Insurance Documents Review and Distribution (David Rasmussen)
14. Box Office Exercise (Andy Foster)
15. Divide into work groups to review the laws and rules of the Commission